

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **New!** Discover **Dementia Care California** —a new website and resource designed to empower professionals, patients, and caregivers with practical support for dementia detection, diagnosis, and care. Developed by the Alzheimer’s Disease Program in partnership with the University of California, San Francisco and leading dementia experts from across the state, this website is your hub for up-to-date clinical tools, caregiver tips, and California-focused resources.
- **New Resource!** September is World Alzheimer's Month, an international effort to raise awareness and challenge stigma. Alzheimer’s Disease International has made a free selection of social media cards, posters, and infographics available to everyone that would like to take part in their global World Alzheimer’s Month campaign. **Download the toolkit in three languages here.**
- **In case you missed it!** The USC Family Caregiver Support Center has launched a digital toolkit that offers providers practical strategies to better support dementia caregivers and promote their health. Conversations that Matter includes five brief modules on topics like emotional stress, financial strain, and care team communication. The toolkit is mobile-friendly and easily integrated into clinical settings. Be sure to explore and share with your network! **Access the toolkit here.**

Funding Opportunities



No updates right now. We’ll let you know when there’s more to share.



Trainings and Webinars

- Sep 16
9 AM PST

PHOCE-DC: Supporting Caregivers - Opportunities for Public Health to Support Adult Day Sporting Programs. **Register Now.**
- Sep 22
10 AM PST

NADRC: Caring Through Culture - End-of-Life Dementia Care Through Storytelling. **Register Now.**
- Sep 22
12 PM PST

Dementia Care Aware: Cognitive Health Assessment Training. **Register Now.**
- Sep 25
12 PM PST

NDCC GUIDE: Getting to Yes for Launch - Provider Engagement and Marketing Strategies for Patient Recruitment. **Register Now.**
- Oct 9
10 AM PST

Alzheimer’s Foundation of America: Healing with Pride – Designing Care that Sees, Affirms, and Restores. **Register Now.**
- Oct 16
9 AM PST

Dementia Care Aware: Cognitive Health Assessment Training. **Register Now.**



Community Events

Get involved! Promote these events to your network.

- Sep 17
9:30 AM PST

Alzheimer’s LA: Let’s Chat – Anxiety Tips for Alzheimer's Caregivers. **Register now.**
- Sep 26
9 AM - 4 PM PST

Alzheimer’s LA: Advances in Alzheimer Research para la comunidad hispanohablante at Wedgewood Rio Hondo. In-person event at: 10627 Old River School Rd, Downey CA 90241. **Register Now.**
- Sep 26
2 PM PST

Alzheimer’s Association: Building Foundations of Caregiving. **Register Now.**
- Sep 29
10:30 AM PST

Alzheimer’s Association: Supporting Independence. In-person event at Commerce Public Library: 5655 Jillson St, Commerce CA 90040. **Register Now.**
- Sep 30
5 PM PST

Alzheimer’s LA: Memory loss and Alzheimer’s (Mandarin). **Register Now.**
- Oct 4
9 AM - 4 PM PST

Alzheimer’s LA: Advances in Alzheimer Research for the Black/African American Community at CSU Dominguez Hills. In-person event at: Loker Student Union, 1000 E Victoria St, Carson CA 90747. **Register Now.**

In the Spotlight

Share your organization’s impactful efforts in supporting people living with Alzheimer’s disease and related dementias, and their families.

Send success stories, achievements, or highlight ongoing initiatives to (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



Featured Resources



TOOLKIT

Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.



TOOLKIT

American College Preventative Medicine developed a new toolkit, Community-Clinical Linkages to Promote Brain Health for Healthcare Providers.



COMMUNITY RESOURCE

Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.



LEARNING MODULE

Dementia Care Aware’s self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.



TOOLKIT

BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.

