# **Monthly Digest**

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

# **News and Updates**

- New! Discover **Dementia Care California** —a new website and resource designed to empower professionals, patients, and caregivers with practical support for dementia detection, diagnosis, and care. Developed by the Alzheimer's Disease Program in partnership with the University of California, San Francisco and leading dementia experts from across the state, this website is your hub for up-to-date clinical tools, caregiver tips, and California-focused resources.
- New Resource! September is World Alzheimer's Month, an international effort to raise awareness and challenge stigma. Alzheimer's Disease International has made a free selection of social media cards, posters, and infographics available to everyone that would like to take part in their global World Alzheimer's Month campaign. **Download the** toolkit in three languages here.
- In case you missed it! The USC Family Caregiver Support Center has launched a digital toolkit that offers providers practical strategies to better support dementia caregivers and promote their health. Conversations that Matter includes five brief modules on topics like emotional stress, financial strain, and care team communication. The toolkit is mobile-friendly and easily integrated into clinical settings. Be sure to explore and share with your network! Access the toolkit here.

# **Funding Opportunities**



No updates right now. We'll let you know when there's more to share.

# **Trainings and Webinars**

PHOCE-DC: Supporting Caregivers -**Sep 16** Opportunities for Public Health to Support 9 AM PST Adult Day Sporting Programs. Register

NADRC: Caring Through Culture - End-of-Sep 22 Life Dementia Care Through Storytelling. 10 AM PST Register Now.

Dementia Care Aware: Cognitive Health

**Sep 22** 12 PM PST Assessment Training. Register Now.

Sep 25 NDCC GUIDE: Getting to Yes for Launch -12 PM PST Provider Engagement and Marketing

Strategies for Patient Recruitment. Register Now.

Oct 9 Alzheimer's Foundation of America: Healing with Pride - Designing Care that Sees, 10 AM PST Affirms, and Restores. Register Now.

Oct 16 **Dementia Care Aware:** Cognitive Health 9 AM PST Assessment Training. Register Now.

# **Community Events**

Get involved! Promote these events to your network.

**Sep 17** Alzheimer's LA: Let's Chat - Anxiety Tips for 9:30 AM PST Alzheimer's Caregivers. Register now.

Sep 26 Alzheimer's LA: Advances in Alzheimer 9 AM - 4 PM Research para la comunidad hispanohablante at Wedgewood Rio Hondo. PST

In-person event at: 10627 Old River School Rd, Downey CA 90241. Register Now. Sep 26 Alzheimer's Association: Building

Foundations of Caregiving. Register Now.

Commerce CA 90040. Register Now.

**Sep 29 Alzheimer's Association:** Supporting 10:30 AM Independence. In-person event at PST Commerce Public Library: 5655 Jillson St,

2 PM PST

Sep 30 Alzheimer's LA: Memory loss and 5 PM PST Alzheimer's (Mandarin). Register Now.

Now.

Oct 4 Alzheimer's LA: Advances in Alzheimer Research for the Black/African American 9 AM - 4 PM PST Community at CSU Dominguez Hills. Inperson event at: Loker Student Union, 1000 E Victoria St, Carson CA 90747. Register

## In the Spotlight

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families.

Send success stories, achievements, or highlight ongoing initiatives to (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



### **Featured Resources**



#### **TOOLKIT**

Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.



#### **TOOLKIT**

American College Preventative Medicine developed a new toolkit, Community-Clinical Linkages to Promote **Brain Health for Healthcare Providers.** 



#### **COMMUNITY RESOURCE**

Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.



#### **LEARNING MODULE**

Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.



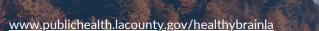
## **TOOLKIT**

BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.



#### **Got News?**

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.



@ChooseHealthLA #HealthyBrainLA

